

Lunch / LAUDERDALE LAKES MIDDLE / Menu at Lauderdale Lakes Middle

**MAY 2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2</b></p> <p>Chicken, Tangerine Chicken &amp; Cheese Taquitos No-Nut Butter Meal Yogurt w/ Cheese &amp; Crackers Yogurt w/ Sunflower Seeds &amp; Crackers Brown Rice Fresh Baby Carrots, Snack Pack Steamed Edamame Vegetables Fresh Apple Slices Milk</p>	<p><b>3</b></p> <p>Taco Meat, Premium All-Beef Filling Parfait, Pineapple w/Cheese Stick &amp; Graham Cracker Parfait, Strawberry w/Cheese Stick &amp; Graham Cracker Salad, Vegan w/ Black Beans &amp; Seeds Taco Shells &amp; Tortilla Wheat Crackers Lettuce, Diced Tomato, &amp; Cheese Refried Beans Chilled Peaches Milk</p>	<p><b>4</b></p> <p>Macaroni and Cheese Vegan Bean &amp; Green Chile Burrito Salad, Seeds &amp; Cheese Corn Bread Bowl Wheat Crackers Fresh Grape Tomato Mango Swirl Juice Frozen Rips Fruit Slush Milk</p>	<p><b>5</b></p> <p>Breaded Chicken Fillet on Bun Turkey Breast &amp; Cheese Sub Vegan, Chik'n Nuggets w/ Grain Salad, Vegan Chik'n Nuggets Wild White Nacho Dorito Chips Cucumber Slices Potato Wedges Fresh Sliced Orange Milk</p>	<p><b>6</b></p> <p>Pull Apart Cheezy Breadsticks Honey BBQ Beef Rib on Bun Hummus &amp; Sunflower Seed w/ Crackers Marinara Sauce Cup Steamed Green Beans Milk</p>
<p><b>9</b></p> <p>Chicken, Drumsticks &amp; Thighs Turkey Ham &amp; Cheese Melt Latin Style Black Beans over Rice Yogurt w/ Cheese &amp; Crackers Yogurt w/ Sunflower Seeds &amp; Crackers Wheat Roll Brown Rice Mashed Potatoes Fresh Baby Carrots, Snack Pack Fresh Apple Slices Milk</p>	<p><b>10</b></p> <p>Premium Beef Spaghetti Sauce EZ Jammer Sandwich Salad, Egg &amp; Cheese Rotini Pasta Garlic Breadsticks Cucumber Slices Steamed Broccoli Chilled Peaches Milk</p>	<p><b>11</b></p> <p>Jamaican Beef Patty Vegan Bean &amp; Green Chile Burrito Salad, Seeds &amp; Cheese Wheat Crackers Strawberry Banana Swirl Juice Steamed Edamame Vegetables Milk</p>	<p><b>12</b></p> <p>Chicken Smackers Turkey Ham &amp; Cheese on Bun Vegan, Chik'n Nuggets w/ Grain Salad, Vegan Chik'n Nuggets Wild White Nacho Dorito Chips Baked Beans Potato Emoticon Milk</p>	<p><b>13</b></p> <p>Pizza Crunchers Fish, Sticks w/ Corn Muffin Hummus &amp; Sunflower Seed w/ Crackers Marinara Sauce Cup Sweet Potato Crinkle Cut Fries Peach Cup Milk</p>
<p><b>16</b></p> <p>Chicken Teriyaki Latin Style Black Beans over Rice Asian Egg Roll Yogurt w/ Sunflower Seeds &amp; Crackers Yogurt w/ Cheese &amp; Crackers Brown Rice Wheat Roll Steamed Broccoli Fresh Baby Carrots, Snack Pack Fresh Apple Slices Milk</p>	<p><b>17</b></p> <p>Taco Meat, Premium All-Beef Filling No-Nut Butter Meal Salad, Egg &amp; Cheese Tortilla Chips &amp; Nacho Cheese Cup Cheez It Crackers Refried Beans Salsa Cup Steamed Corn Chilled Peaches Milk</p>	<p><b>18</b></p> <p>Cheeseburger on Bun Vegan Bean &amp; Green Chile Burrito Salad, Seeds &amp; Cheese Wheat Crackers Potato Wedges Baked Beans Special Theme Rosati Frz Cup Milk</p>	<p><b>19</b></p> <p>Chicken Breast Tenders Turkey Breast &amp; Cheese Sub Vegan, Chik'n Nuggets w/ Grain Salad, Vegan Chik'n Nuggets Wild White Nacho Dorito Chips Steamed Green Beans Fresh Celery Sticks Fresh Sliced Orange Milk</p>	<p><b>20</b></p> <p>Breaded Mozzarella Cheese Sticks Fish Patty on Bun Hummus &amp; Sunflower Seed w/ Crackers Marinara Sauce Cup Steamed Edamame Vegetables Fruit Blend Juice Milk</p>
<p><b>23</b></p> <p>Mexican Pizza Latin Style Black Beans over Rice Yogurt w/ Cheese &amp; Crackers Brown Rice Fresh Baby Carrots, Snack Pack Mango Swirl Juice Fresh Apple Slices Milk</p>	<p><b>24</b></p> <p>Premium Beef Spaghetti Sauce No-Nut Butter Meal Salad, Egg &amp; Cheese Rotini Pasta Garlic Breadsticks Steamed Italian Blend Vegetables Steamed Broccoli Chilled Peaches Milk</p>	<p><b>25</b></p> <p>Beef Hot Dog on Bun Vegan Bean &amp; Green Chile Burrito Salad, Seeds &amp; Cheese Wheat Crackers Baked Beans Seasoned French Fries Fresh Apple Slices Milk</p>	<p><b>26</b></p> <p><i>No Information Provided</i></p>	<p><b>27</b></p> <p><i>No Information Provided</i></p>
<p><b>30</b></p> <p><i>No Information Provided</i></p>	<p><b>31</b></p> <p><i>No Information Provided</i></p>			

**Elementary Breakfast & Lunch Milk Options** White Milk - Strawberry Milk - Chocolate Milk - Lactose Free Milk  
**Daily Yogurt Menu** Greek Strawberry Yogurt - Danimals Strawberry Banana Yogurt - Peach Yogurt - Raspberry Yogurt - Strawberry Banana Yogurt - Peach Yogurt - Strawberry Yogurt - Vanilla Yogurt  
**MS Daily Condiment Options** Jelly, Grape Packets - Jelly, Strawberry Packets - Syrup, Cup - BBQ Sauce Portion Pack - Duck Sauce Packets - Honey Mustard Portion Pack - Hot Sauce Packets - Ketchup Packets - Mayonnaise Packets - Mustard Packets - Taco Sauce Packets - Tartar Sauce Packets - Ketchup Portion Pack - Caesar Dressing - Creamy Italian Dressing - French Dressing - Balsamic Vinaigrette Dressing - Ranch Dressing Portion Pack .75oz - Ranch Dressing Portion Pack 1.5oz  
**ES Daily Condiment Choices** Jelly, Grape Packets - Jelly, Strawberry Packets - Syrup, Cup - Parmesan Cheese Packets - BBQ Sauce Portion Pack - Duck Sauce Packets - Honey Mustard Portion Pack - Ketchup Packets - Mayonnaise Packets - Mustard Packets - Taco Sauce Packets - Tartar Sauce Packets - Ranch Dressing Portion Pack .75oz - Ranch Dressing Portion Pack 1.5oz - Caesar Dressing - Creamy Italian Dressing - French Dressing - Balsamic Vinaigrette Dressing  
**Price Information** Breakfast(\$0.00), Reduced Lunch(\$0.00), Elementary Lunch(\$0.00), Middle Lunch(\$0.00), High Lunch(\$0.00), Breakfast - Adults(\$1.80), Lunch - Adults(\$2.75)  
**View more:** <http://schools.mealviewer.com/school/LauderdaleLakesMiddleSchool>  
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